

# CLINICAL PILATES TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7AM		PILATES		PILATES		
8AM						PILATES
9AM	PILATES	PILATES	PILATES	PILATES	PILATES	
10AM	PILATES	PILATES	PILATES	PILATES	PILATES	
11AM		PILATES		PILATES	PILATES	
12PM	PILATES WITH CRECHE					
1PM	PILATES	PILATES WITH CRECHE		PILATES WITH CRECHE		
4PM	PILATES	PILATES		PILATES	PILATES	
5PM		PILATES	PILATES	PILATES		
6PM	PILATES	PILATES		PILATES		