

# EXERCISE REHABILITATION TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7AM		Exercise Rehab	Exercise Rehab	Exercise Rehab		
8AM						Exercise Rehab
9AM	Exercise Rehab	Exercise Rehab	Exercise Rehab	Exercise Rehab	Exercise Rehab	Exercise Rehab
10AM	Exercise Rehab	Exercise Rehab	Exercise Rehab	Exercise Rehab	Exercise Rehab	
11AM	Exercise Rehab WITH CRECHE				Exercise Rehab	
1PM	Exercise Rehab			Exercise Rehab WITH CRECHE		
4PM		Exercise Rehab		Exercise Rehab	Exercise Rehab	
5PM		Exercise Rehab	Exercise Rehab	Exercise Rehab		
6PM	Exercise Rehab	Exercise Rehab		Exercise Rehab		